



MESSAGE FROM GUNIANGS

What. A Year.

In 2020, we mourned the loss of an in-person gathering space. In 2021, we took on the challenge of running in-person events, while tirelessly navigating the ever-changing safe-distancing measures. This report gives a glimpse of how we persevered, but it also gives a sense of the number of people who made it possible.

This sentiment was shared at a panel on “Performance Ecology and the Climate Emergency” organised by Komunidad Asia Performance Festival. Xiao Ting shared: “I am also lucky to have a team and we call ourselves Tuckshop Guniangs. In Mandarin, Guniang refers to lady, and in Singapore, it can be used to mock lady-like behaviour. We use it ironically because art practice intersecting with sustainability is anything but guniang-like. The work is demanding, often menial but having a team simply means you have someone cover you when days are tough. So if you ever happen to be in Singapore looking for

a community, you know the guniangs are around. Because at the end of the day, the work has to be sustainable for the artists too.”

As for 2022, look forward to a year of change, exciting programmes, as well as new ways to hang out with us. Firstly, we will be revising our cafe operations. From Tuesday to Saturday, our doors will be open from 10.30am to 5pm. Secondly, other than *Recess Time*, we have a new programme called *Pickle Party* - an informal gathering twice a month to share pickling recipes and treat rescued produce. If this is something that interests you, keep a lookout on how you can be part of this. Finally, if you have ideas such as site-specific theatre projects, workshops on sustainable initiatives, or any programmes you want to test out, our doors are always open.

In the meantime, stay safe and see you at 58 Waterloo Street in 2022!



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Welcome to Practice Tuckshop

a key programme of The Theatre Practice (Practice)

Located at the heart of the Waterloo Street Arts Belt, Practice Tuckshop is a cafe that celebrates the Practice kampung hospitality. Friends, families and creatives can gather over a cup of tea or coffee, cosy up with a selection of books by local celebrated playwrights, hold brainstorming meetings, or just drop by.





As a creative playground within Practice, programmes at Practice Tuckshop are curated around unexpected intersectionalities. Past examples include: Food meets Storytelling! Differently-abled dancers meet intimate cafe quarters! The possibilities are endless. Practice Tuckshop's programming is also artist-driven, hoping to cultivate a space where different communities can converge. With an open-door policy, we really mean it when we say: All are welcome!

Since its opening, Practice Tuckshop has been an advocate for sustainability in green practices. As this is an on-going effort, we constantly revise how to green-up our act!

Welcome to
PRACTICE TUCKSHOP 实堂

KAYPOHS WELCOME HERE:
 Say hi to your neighbours!
 The weirder the person,
 the better the convo.
 欢迎来KAYPOH:
 向邻座打个招呼!
 人越特别,话题越有趣!

Have you eaten?
 吃饱了吗?
 Jiak Ba Buay?

It's hot outside...
 drink more water
 (Ask us for a glass)
 天气炎热...
 记得多喝水!
 (跟我们要杯水解解渴)

The Theatre Practice
 is older than Singapore
 itself! Feeling artsy fartsy?
 Check out the scripts and
 books on the ladder
 实践剧场比新加坡还老哦!
 想要感受艺术文化的气息?
 欢迎翻阅架子上的剧本以及
 有关剧场的书籍。

Practice Green
绿色实践
 Find out how we're trying to save the planet
 看看我们如何一步步拯救地球!

#aimforzerowaste menu
 #向零垃圾迈进的菜单

+ Composted after use
 都将变成堆肥

single-use plastics and dapao containers!
 一次性塑料和打包盒!

We grow our herbs outside! (coming soon!)
 在外面的花园里种植香料(敬请期待!)

See what we do
 with rescued produce
 看看我们如何
 使用“被拯救”食材

休息 RECESS
实间 TIME

Snapped a photo?
 拍照留念?
 Tag us! 记得标记我们!
 Follow us at 追踪
 @practicetuckshop

**Space small small,
 Dream big big.**
小小空间, 大大梦想.
 Find out what's happening
 at Practice Tuckshop now:
 看看实堂现在有什么项目:

Vision

Practice Tuckshop aims to be a creative playground, bringing together artists and audiences in a community atmosphere.

“Up”

Powers of Practice Tuckshop

More than a physical space, Practice Tuckshop is a COMMUNITY and a RESOURCE. After an exciting 2021, we take a closer look at our adventures from the past year.



By supporting Practice Tuckshop, you enable us to:

CREATE OPPORTUNITIES FOR COMMUNITY LIFE

We love bringing people together! Evolving to meet the changing needs of our community, we go beyond our physical space to create opportunities for connection and conversation ONLINE and OFFLINE.



PLAY WITH THE BOUNDARIES OF ART

Unexpected, dynamic and accessible, our signature programmes explore exciting new ways to tell stories. From programmes like [Play With... Flavours!](#) and [c o o p](#), we provide alternative perspectives of what "art" can be away from a conventional stage.





3

ADVOCATING FOR SUSTAINABILITY IN GREEN PRACTICES

Through programmes like [Recess Time](#) and [Extinction Feast](#), we open up conversations on food waste, sustainability and environmentalism. Our cafe operations have eco-friendly practices including composting food waste, recycling coffee grounds and eggshells, and a low-waste menu.



INCUBATE AND SUPPORT ARTISTS

We strongly believe that art-making is an on-going process. Working closely with our artist-partners, Practice Tuckshop is committed to developing works of all stages, and supporting the growth of industry professionals through various initiatives like [Practice Tuckshop Incubation](#).



4

Tuckshop In Focus

Diverse and dynamic, join us and take a closer look at some of our programmes in 2021.

Programmes

- Extinction Feast
- Practice Tuckshop Incubation
 - Being Mortal
 - days to come when I cease to..?
- Recess Time

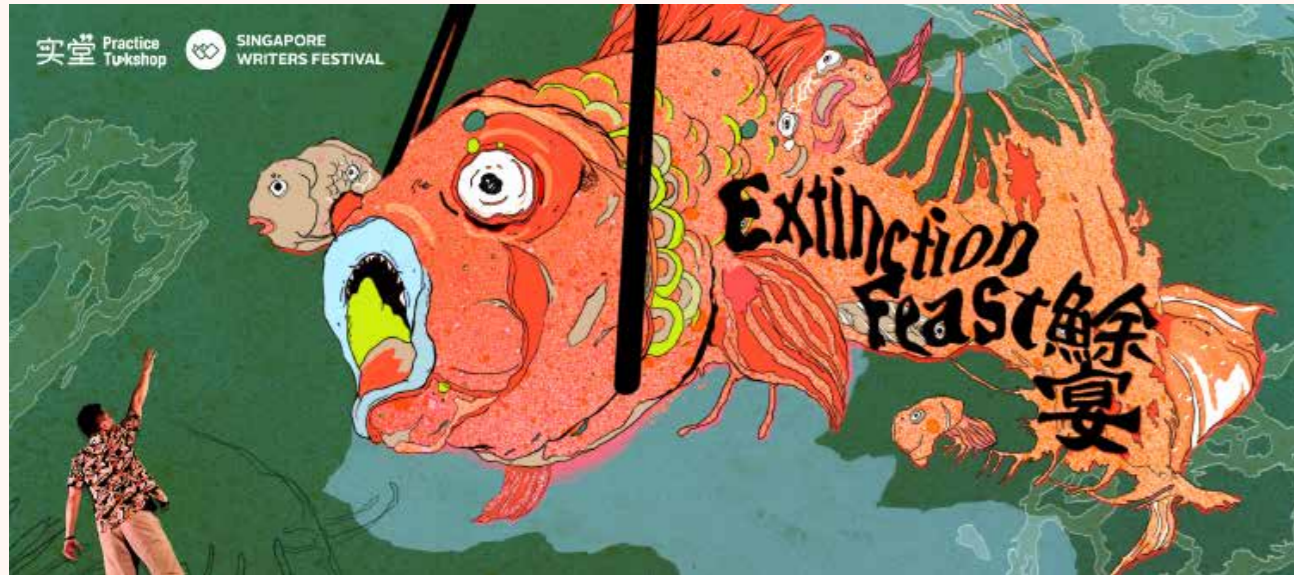
External Collaborations

- Play with... Flavours!
- c o o p



Extinction Feast

06 – 07.11.2021



Creative Team:
[click here](#)

Synopsis:

A traditional symbol of prosperity, fish has always enjoyed an exalted place in Chinese cuisine and culture. While fish has never been cheap, what if the price paid is higher than we thought?

Inspired by *Eating Chilli Crab in the Anthropocene*, *Extinction Feast* is a humorous tale about the disjunct between our relationship with our favourite fish dishes, the price we are willing to pay, and all the annoying micro-decisions in-between.

Assuming you have the luxury of choice, what would **you** do?

Experience it two ways:



Extinction Feast (In-Venue):
Combining performance, video and tiny hors d'oeuvres, we question if our vicarious appetite for consumption can ever be sated.

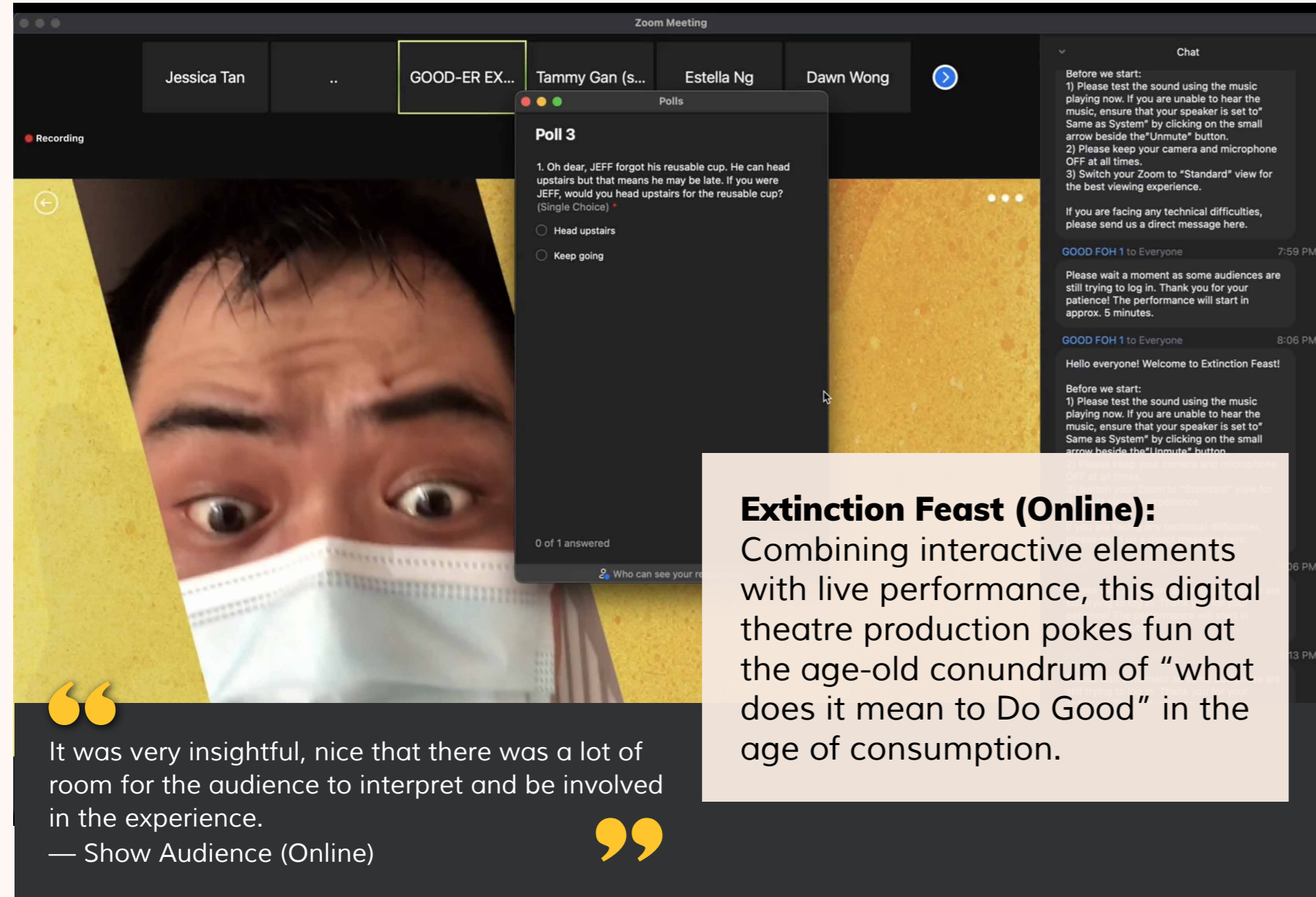
“

I enjoyed the performance and how global problems were addressed in a local context, and encouraged people to think about their behaviours and choices.

— Show Audience (In-Venue)

”

Experience it two ways:



Extinction Feast (Online): Combining interactive elements with live performance, this digital theatre production pokes fun at the age-old conundrum of “what does it mean to Do Good” in the age of consumption.

“It was very insightful, nice that there was a lot of room for the audience to interpret and be involved in the experience.”
— Show Audience (Online)

Impact:

Commissioned by Arts House Limited for Singapore Writers Festival 2021, *Extinction Feast* is the second instalment of Practice Tuckshop’s “Animal, Vegetable, Mineral” Trilogy.

In terms of scale and complexity, this was Practice Tuckshop’s largest project to date. Created by a multidisciplinary team, we presented four versions of the work: Digital (English), Digital (Mandarin), Physical (English), Physical (Mandarin). For a behind the scenes look at the art-making process of *Extinction Feast*, check out #SoundsFishy series [here](#).

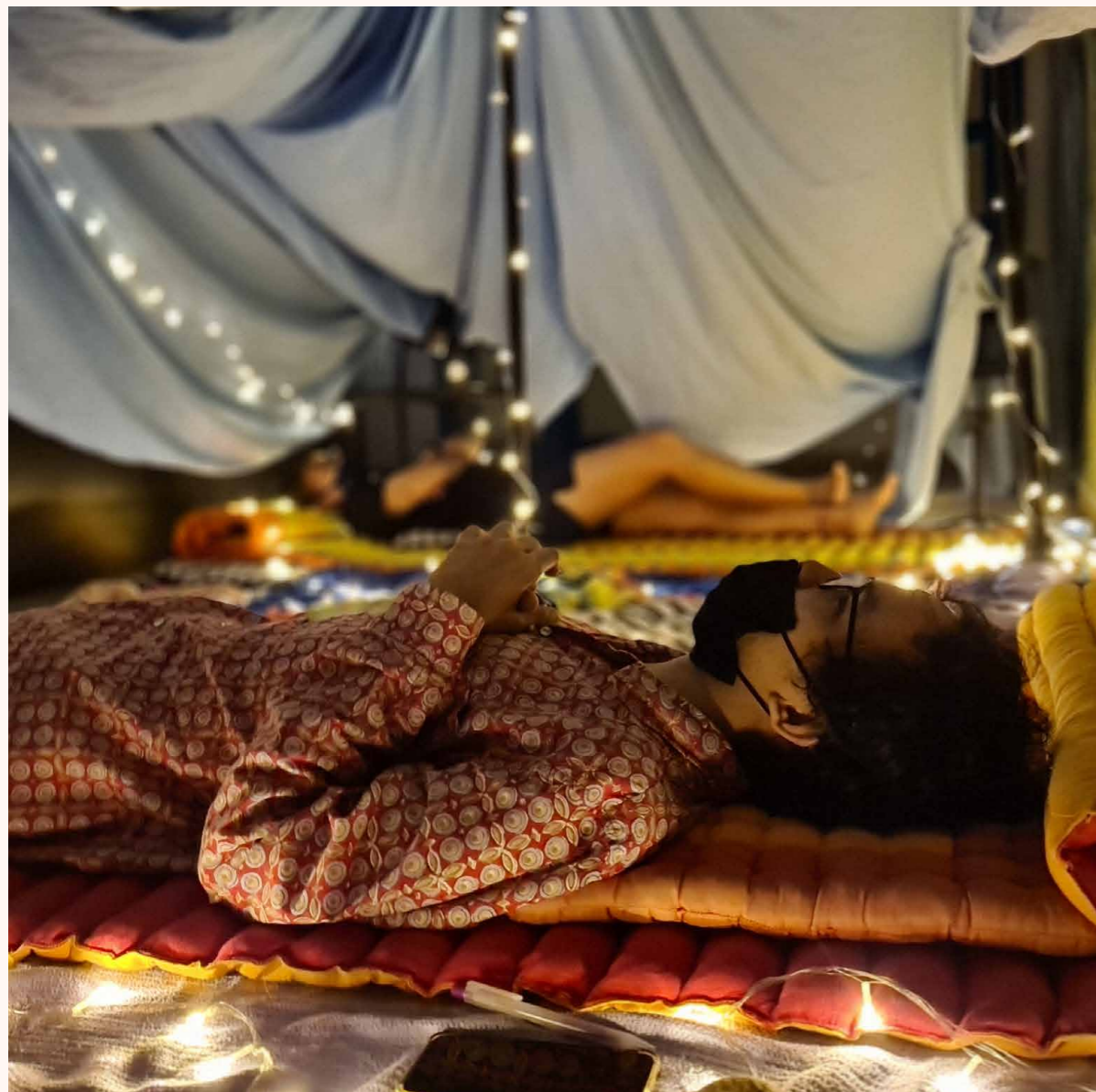
The different formats allowed a wide spectrum of local and international audiences to access the work. Additionally by working with an external presenter, we were able to tap on their followers to reach audiences previously unfamiliar with Practice Tuckshop. We also saw a significant growth of followers across our social media accounts.

Extinction Feast marks a continuation of Practice Tuckshop’s exploration of sustainability and food culture. To better understand the environmental impact of fish consumption specific to a Singapore context, we engaged different stakeholders within the local aquaculture industry. This included engaging a researcher with experience in sustainable aquaculture as part of the creative team, and meeting with local fish-sellers and owners of traditional and high-tech fish farms.

Extinction Feast was also an opportunity for us to grow new audiences. By tapping on Singapore Writers Festival’s existing following, we were able to reach new followers previously unfamiliar with Practice Tuckshop.

Practice Tuckshop Incubation

Incubation Period: 26.02.2021 – 29.08.2021



Closed-Door Presentation:

26.06.2021 – 03.07.2021

Public Showcase:

14 – 16.08.2021

Being Mortal

27 – 29.08.2021

days to come when I cease to..?

About Practice Tuckshop Incubation:

Practice Tuckshop is a creative playground for all. Much like a black box for unconventional works, Practice Tuckshop seeks to consistently push the boundaries of art-making and challenge the parameters of what “theatre” can be. Challenging artists to artistically respond to the space, we provide resources and support to incubate and grow diverse ideas.

Taking place over two stages, the first part of the incubation process culminates in a closed-door showcase with close collaborators, friends and the Practice Tuckshop team. The artists continue to refine their work before the final public showcase as part of The Theatre Practice’s *It’s Not About The Numbers* series.

In 2018, we presented *Round Round Buns* by Chop Chilli Chop Collective. In 2019, we presented *Hello, How Do You Move?* by choreographers Ammar Ameenzy and Rachel Nip. In 2021, we presented two works: *Being Mortal* by Duo PlastiCITY and *days to come when I cease to ...?* by Theo Chen.

Being Mortal

Creative Team:

Duo plastiCITY
(Valerie Lim, Michellina Chan)

What is something on your bucket list? What makes for a good death? Why bother thinking about death in the first place?

Devised by interdisciplinary collective Duo plastiCITY, *Being Mortal* combines conversations, sensory-heightened experiences, soundscapes and improvised movement. Join dance artist Valerie Lim and musician Michellina Chan as they invite audiences to embrace mortality by (re)connecting with the physical body.

Honest, sensorial and deeply intimate, *Being Mortal* is a wonderfully alive work about death.



“

We felt supported in different ways from technical to dramaturgical throughout the process and loved working in the space!
— Duo plastiCITY

”

days to come when I cease to..?

Creative Team:

Theo Chen

Nights ago, there was darkness. It was unfeeling and unkind. How do we find our way out of the cold?

Perhaps when we find ourselves in a moment of unexpected warmth, a coziness last felt in childhood, we dig deeper into it – for who knows what may emerge?

Intimate, reflective and deeply personal, theatremaker Theo Chen invites you to join him in a one-on-one experience where stories and memories are exchanged. In what ways may two strangers connect? How can we move forward from the dark, together?

Come – sit or lie down, and let's see together what might occur.



“

(Practice Tuckshop Incubation) allowed me the freedom to explore different possibilities when it comes to one-on-one performance - and then gave me the tools to test these possibilities and choose which ones I would use. I appreciated their trust, faith, and belief in my work - what a rare and special gift.
— Theo Chen

”

Impact:

A year after theatres reopened, traditional theatre shows continue to be affected by changing safe management measures and audience capacities. In this climate, small-scale works in non-traditional spaces have emerged as a pandemic-resilient alternative.

As an incubator, Practice Tuckshop is interested in supporting emerging artists in all stages of work development. This year, we were able to present two works — one that was in an early stage of development (*Being Mortal*), and one where a version of the work had been presented at a different residency (*days to come when I cease to..?*).



In both cases, our two-stage programme model was successful in allowing artists the space to develop their initial ideas and further enrich the work through early-stage audience response. This was especially crucial as both works included participatory elements. Additionally, the artists were provided with extensive support in the form of venue sponsorship, production and technical support, dramaturgical help and marketing advice.

The pandemic continued to challenge our artists' ability to adapt, especially as increasingly strict safe management measures were introduced close to the show dates. Both pieces underwent significant changes, for example the *Being Mortal* team switched between using recorded music and live saxophone playing multiple times, and a guided blindfold walk was removed to reduce physical contact between performers and audiences.



Recess Time

08.01.2021 – 24.09.2021



Synopsis:

Recess Time is a lunch party at the heart of the Singapore arts district – 58 Waterloo Street! On selected Fridays, Makan Masters put their creative expressions on a plate, while foodies gather over a delicious, yet affordable meal. Limited reservation slots are available via our Facebook page.

Creative Team:

Original Concept:

Ang Xiao Ting
Sim Xin Yi

Facilitators:

Ang Xiao Ting
Joey Cheng
Leslie Choo
Loo Jia Jun
Sim Xin Yi



Hall of Makan Masters:

Ang Xiao Ting, Mazlan Boyamin, Joey Cheng, Megan Hon, Edric Hsu, Imran Kidd, Practice Communications and Partnerships Team, Priscill Koh, Sim Xin Yi, Tan Geok Kuan, Max Tan, Jasmine Xie

A Meal From the Heart:

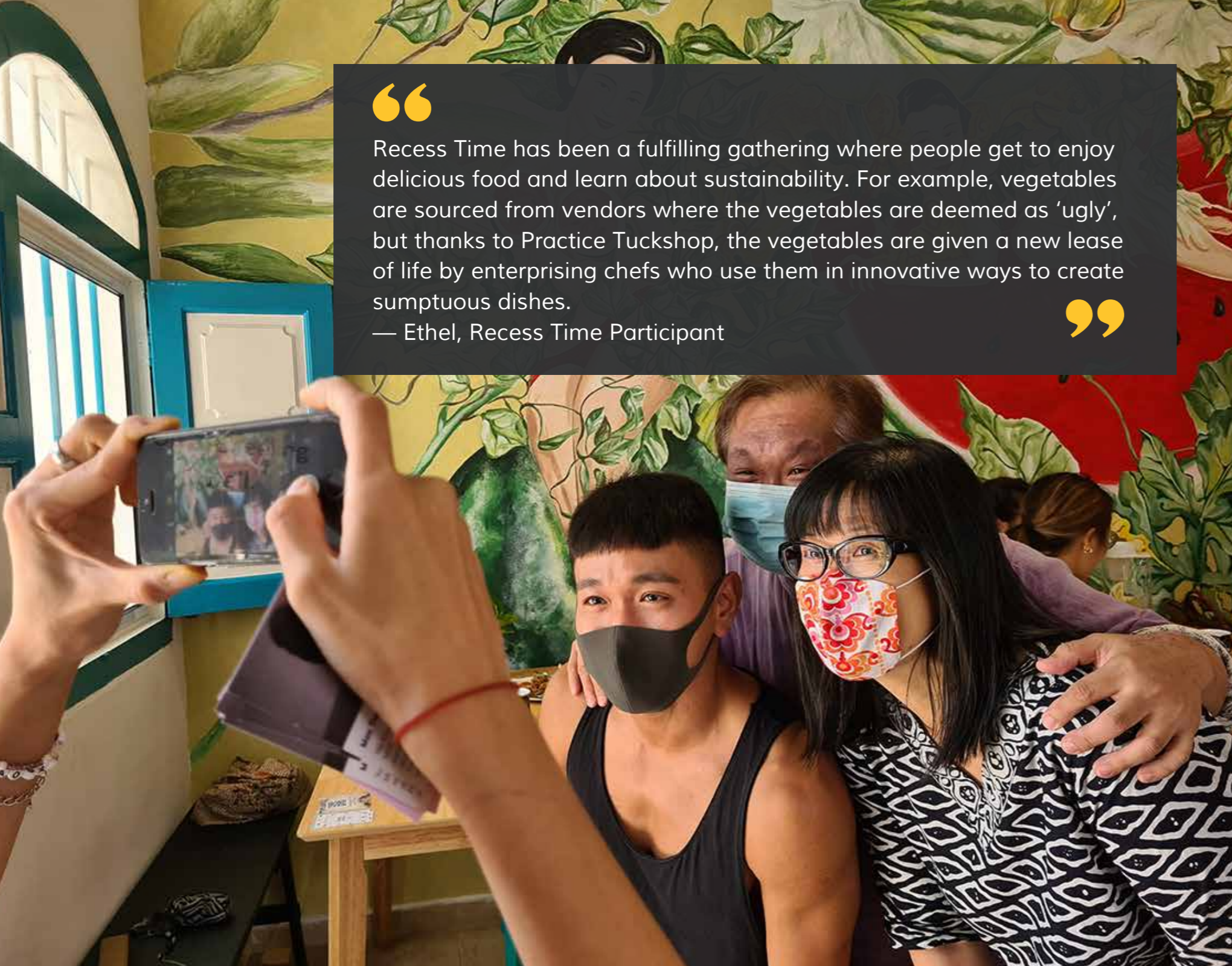
Enjoy a yummy three-course meal and drink, and get to know our chefs. You'll never guess what these Makan Masters will be serving up!

Pop-up Communal Dining:

Leave with a full stomach and meet our Kaypoh King/Queen, as we swap stories about our favourite memories associated with food!

Eat For A Cause:

Combat food waste with our Makan Masters, who are challenged to incorporate rescued produce into their cooking.



“

Recess Time has been a fulfilling gathering where people get to enjoy delicious food and learn about sustainability. For example, vegetables are sourced from vendors where the vegetables are deemed as 'ugly', but thanks to Practice Tuckshop, the vegetables are given a new lease of life by enterprising chefs who use them in innovative ways to create sumptuous dishes.

— Ethel, Recess Time Participant

”

Impact:

The 2021 edition of *Recess Time* served around 250 meals across 10 sessions. Now in its fourth year, *Recess Time* has emerged as the flagship programme of Practice Tuckshop, with its own loyal following of regulars— a diverse group of students, arts practitioners, green enthusiasts and Waterloo Street residents. While we were unable to go back to the original communal dining set up, the food stories of our Makan Masters and participants were instead shared through the *Recess Time Journal*, a repository of past sessions told through handwritten anecdotes, photographs, and recipes.

In 2021, we were also able to extend our pool of Makan Masters, while strengthening relationships with existing chefs, many of whom returned for their third or fourth session. Additionally, we established a partnership with a private food rescue group which carried out weekly rescue sessions directly from a small provision shop in Macperson.

One of the largest challenges of *Recess Time* was its vulnerability to changing Safe Management measures. 2021's calendar changes and long periods of cancellation affected *Recess Time's* ability to build traction and attract newer attendees. At the same time, many new Makan Masters and potential partners had to cancel their session despite strong interest.



Recess Time has also been featured in:

- [0 \(Zero\): F0od and Art](#)
- [Blueprint](#)
- [A-List](#)
- [Alvinology](#)
- [The Goody Feed](#)
- [BakChorMeeBoy](#)
- [Social Space Mag](#)



“Bringing together artists, like-minded stakeholders and audiences, we believe theatre can be a powerful space for meaningful conversation, innovation and collaboration. Diverse, accessible and future-ready, our programmes advocate a ‘green’ culture shift by galvanising the community and empowering people to take action in their own ways.

— [New Greening, The Social Art Award 2021](#)



Play With... Flavours! (Patch! 2021)

04.11.2021 & 11.04.2021



Synopsis:

Chili chocolate. Vegetarian oysters. What's next? Food-tasting meets storytelling in this gastronomic adventure like no other! Join professional chef and flavour trickster Imran Kidd (@AmanoSG) as he manipulates ingredients into unexpected combinations that surprise the taste buds.

Creative Team:

Creator/Performer:

Imran Kidd

Host:

Petrina Kow

Dramaturg:

Sim Xin Yi

Producer:

Michelle Tan

Guided by the constant desire to push culinary boundaries and challenge perceptions of dining, Chef Imran has over 20 years of experience working across different cuisines. From individual ingredients to complex dishes, find out how to sharpen your tastebuds and identify flavour notes, before trying your hand at creating unusual combinations of your own.

Sweet. Sour. Bitter. Salty. Umami. It's all a matter of taste.



About the *Play With...* Series:

We take play seriously. So should you.

Unlocking the playfulness of everyday life, the *Play With...* series features a diverse selection of Singaporean artmakers and craftsmen. Each encounter combines storytelling with interactive elements, to offer unexpected entry points into the world of artful play.



Impact:

Returning for a third year, *Play With... Flavours! 2021* featured Chef Imran Kidd (@AmanoSG), a professional chef and long-time *Recess Time Makan Master*. An experienced chef and culinary instructor, his participation in his multidisciplinary collaboration was an opportunity for him to push his own creative boundaries.

The long-running *Play With... Flavours!* series has proved an important platform for the Practice Tuckshop team to build relationships with talented craftsmen and artists beyond the boundaries of "theatre". Additionally, it also presented another opportunity to explore creative projects with our long-term *Makan Masters*.

Returning to a physical format, we continued to refine our process of collaborating with creatives from vastly different disciplines. One major change to the format this year was the addition of a host, who was able to ensure that the programme flowed smoothly, while facilitating the audience interaction with the artist.

“

Enjoying a pause to thoughtfully taste and eat!
I appreciated the host's sharing of stories,
inspirations, leading us through the experience.
— Danny Halin (Participant)

”

c o o p



Creative Team:

Concept and Creation:

DO Agency

Producer:

Cecilia Chow

Synopsis:

c o o p is a little reminder to embrace the present and enjoy the moment. Tucked away in the bustle of Singapore's urban district, this outdoor installation offers an opportunity for relaxation, mindfulness and fun.

Featuring different interactive elements, it encourages creative use and open-ended play. Now an integral part of the Waterloo Street urban landscape, c o o p is enjoyed daily by adults and children alike.

Climb and jump around, or take a moment for yourself to reconnect with the outside world... you can do anything you want!

Created by DO Agency with support from Nanyang Polytechnic, this reusable modular architectural system features biodegradable strand-woven bamboo and a solar-powered aquaponics herb garden. It was awarded the COLA Environmental Sustainability Merit Awards (2018) and the Singapore Good Design Award (2019). Previous editions have also been presented at Build Eco Xpo Asia Exhibition 2018 and 2019, Archifest 2019 and Patch! 2019.

About DO Agency:

c o o p by DO Agency, Diploma in Architecture, School of Design, Nanyang Polytechnic

DO Agency is an award-winning spatial practice sitting within and in the periphery of architecture across the fields in art, design, design pedagogy & methods while negotiating the boundary with other disciplines. We DO initiate, research, facilitate, collaborate and participate in works that can induce open-minded, joyful and active transformation to our ways of life in the city, community and environment with love; empowering people to DO.



Impact:

Integrated into the entrance of Practice Tuckshop, c o o p offers a space for interaction, relaxation and fun by encouraging unstructured free play. As a fixture of Waterloo Street urban landscape, c o o p has been enjoyed daily by adults and children alike.

Responding to the changing needs of Practice Tuckshop, a third edition of c o o p was designed with our long-term commitment to green practices in mind. Reusing the original biodegradable strand-woven bamboo planks, the newest version features a large herb and fruit garden, which can be utilised by *Recess Time Makan Masters*. Additional lounging and seating areas were also included to accommodate Practice Tuckshop's night events.

Collaborations

Throughout the year, Practice Tuckshop works with like-minded companies and organisations to support our programmes and curate an exciting selection of offerings for our audiences.

Our Cause

- Create opportunities for engagement and outreach
- Support Singapore merchants by offering a platform to showcase their products
- Provide a testing ground for new ideas



Our Sponsors

Pek Sin Choon

Pek Sin Choon has a history of over 90 years in Singapore as a wholesaler/retailer of tea leaves. It was established in 1925 by the late Mdm Zhuang together with her son Mr Pek Kim Au. It is one of the oldest tea merchants in Singapore and the “Cowherd Boy On Buffalo” trademark has been its symbol of quality Chinese Tea ever since. The Company is one of the remaining few tea merchants in Singapore which blended their own tea leaves using the traditional method.

In addition to blending our beloved Practice 54 Tea, Pek Sin Choon has also been a long term partner of The Theatre Practice, creating many exciting tea products to celebrate our mainstage productions.

A selection of these projects including the Four Horse Road Board Game and Lao Jiu Mini Puppet Tea'tre is available for sale at Practice Tuckshop!



Our Partners

Frozt

Glen and Terence began their journey in the ice industry with a shop dedicated to a healthier re-invention of our local speciality: Ice Kachang. They then discovered an alternative product in the form of their favourite childhood snack: Sng Bao! With a mission to bring a smile to everyone's faces, this is a Sng Bao like no other. Healthy, with a modern twist, team Frozt continues to experiment with bold flavours, while offering staples that appeal to what Singaporeans love when it comes to dessert!

The anatomy of a Frozt:

- Made with real fruits
- 100% dairy-free and vegan friendly
- Halal-certified
- No preservatives



Our Partners

Commune of Artisans

Commune of Artisans is an award-winning progressive specialty coffee roaster based in Singapore. Complex and aromatic, Tuckshop visitors can enjoy these beans as hot freshly brewed coffee or a refreshing cold brew.

UglyFood

UglyFood was founded in 2017 with a mission to eliminate food waste and revamp the food ecosystem. Our aim is to make sustainability a part of people's everyday lives. We operate in the fruit and vegetable space by selling excess or ugly produce, our own branded products, and sustainably sourced goods.

Other Partners

Singapore Writers Festival, Edit & Play, Ah Hua Kelong, Atlas Aquaculture, Indie Singapore Tours, HATCH Blue, Kat Goh, MAX.TAN, Sim Shao Jean





Rent
Our “**土**”
Space

Come Play With Us!



Practice Tuckshop is open for private rental. Located on the ground floor of a historic conservation shophouse, Practice Tuckshop is a cosy and atmospheric cafe space located in the heart of Singapore’s downtown district. It serves as the perfect location for workshops, meetings, group gatherings, corporate events, networking sessions, product launches and more!

Event package rates and rental rates available upon request.
Email tuckshop@practice.org.sg for more details.

Practice Tuckshop is always on the lookout for creatives and local vendors to collaborate and partner with. If you are interested, or know of anyone keen to join us, drop us a message and say hi. We can’t wait to meet you!



休息 RECESS
实间 TIME

Recess Time Is Back!

| | | |
|------------|------------|---|
| 21.01.2022 | 08.04.2022 | Reservations via Practice Tuckshop Facebook Messenger only. Limited walk-ins available. |
| 11.02.2022 | 22.04.2022 | |
| 25.02.2022 | 20.05.2022 | |
| 11.03.2022 | 03.06.2022 | |
| 25.03.2022 | 17.06.2022 | |

(More dates to be released later)

Join Us As A Makan Master in 2022

Put your culinary skills to the test and share your food stories as one of our Makan Masters in 2022! All are welcome! To find out more, drop us an email at tuckshop@practice.org.sg

Credits

Practice Tuckshop Annual Report 2021

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Sim Xin Yi (Branding and Communications, Programming (Associate))
Leslie Choo (Advocacy)
Loo Jia Jun (Operations)
Kenny Lim (Operations)

With Support From:

Arts House Limited (Extinction Feast)

Special Thanks To

Frozt
Pek Sin Choon
The Theatre Practice
Commune of Artisans
UglyFood

Quotes have been edited for length and clarity

Visit us

58 Waterloo Street,
Singapore 187956

Opening hours

Tuesdays – Saturdays
10.30am – 5.00pm

Contact us

Email: tuckshop@practice.org.sg
Web: www.practice.org.sg/tuckshop



practicetuckshop
#practicetuckshop

