



ANNUAL REPORT  
2019

“实堂” Practice  
Tukshop

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## HELLO!

About a month ago, I shared Practice's position with regards to Engagement Strategies in Audience Development at a meeting held by the National Arts Council. I chose to use the word 'encounters', rather than 'engagement'. By encounters, I mean moments of interaction that go beyond just transactions. I think 'encounter' is also the faith that there are different levels of connections and sometimes, a moment is just as good and vital.

Practice Tuckshop, since we began regular operations this year, has been absolutely vital in creating space for these encounters.

However, for Practice Tuckshop to 'make sense' within the context of The Theatre Practice, we have continued to spearhead theatrical encounters that are intimate, eclectic, contribute to push the boundaries of what 'art' can be, while supporting the artists in our community. This year, we have invited chefs, a mixologist, dancers who are deaf and hearing, and of course, theatre practitioners around the world to CREATE in Practice Tuckshop. And the audience is always fascinated by how different experiences in small spaces can be, as well as the chemistry that happens as a result of that.

Next year, we will also continue our Practice Green efforts. To celebrate 2020, Recess Time will run 20 sessions, and I hope that you will make time to makan with us.

A space like Practice Tuckshop would not survive without the incredibly generous support of our sponsors, neighbours on Waterloo street and friends. The Tuckshop 'guniangs' have also been essential in keeping it going. Thank you for helping us keep the Practice Kampung spirit alive in our little space!

In 2019, we encountered new friends, old acquaintances and as we enter 2020, we will continue to open our doors for more encounters with you.

Kuo Jian Hong  
Artistic Director  
The Theatre Practice

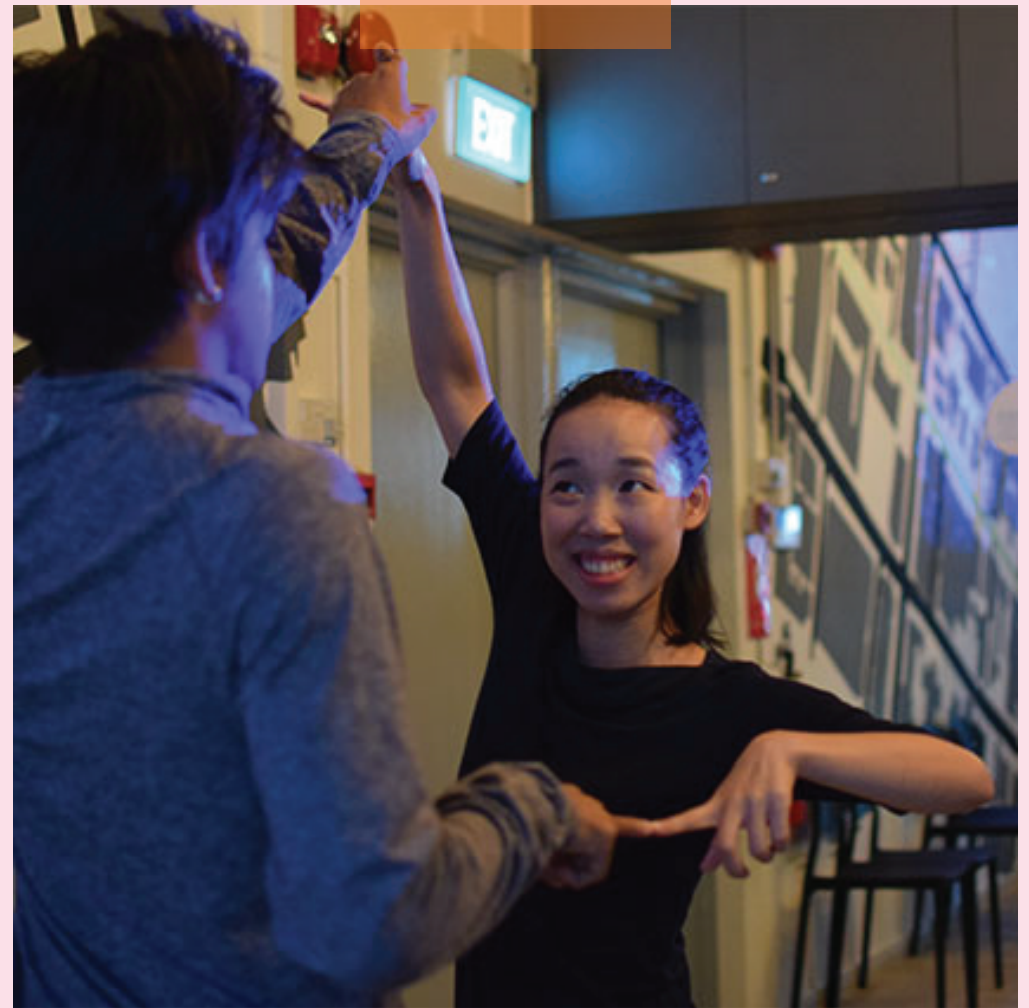


# ABOUT PRACTICE TUCKSHOP

Welcome to Practice Tuckshop - a key programme of The Theatre Practice (Practice).

Located at the heart of the Waterloo Street Arts Belt, Practice Tuckshop is a cafe that celebrates the Practice kampung hospitality. Friends, families and creatives can gather over a cup of tea or coffee, cosy up with a selection of books by local celebrated playwrights, hold brainstorming meetings, or just drop by.





As a creative playground within Practice, programmes at Tuckshop are curated around unexpected intersectionalities. Past examples include: Food meets Storytelling! Differently-abled dancers meet Intimate cafe quarters! The possibilities are endless. Tuckshop programming is also artist-driven, hoping to cultivate a space where different communities can converge. With an open-door policy, we really mean it when we say: All are welcome!

# VISION

Practice Tuckshop aims to be a creative playground, bringing together artists and audiences in a community atmosphere.





Since its opening, Practice Tuckshop has been an advocate for sustainability in green practices. As this is an on-going effort, we constantly revise how to green-up our act!

## POWER OF PRACTICE TUCKSHOP

As we come to the end of 2019, we look back at our adventures in the past year. Practice Tuckshop is more than a physical space - it is a community and a resource. And every dollar goes back to supporting the arts. By supporting us, you are supporting our four powers.



Here in Tuckshop, we:

### Create Opportunities for Community Life

We love bringing people together. Through our programmes, we are invested in bringing together different stakeholders of Waterloo Street and beyond.

### Play With The Boundaries of Art

Practice Tuckshop focuses on programming unique works that explore exciting and alternative ways to tell stories. Our signature programmes whisk audiences away from a conventional stage and into the real world, providing an alternative perspective of what "art" can be.





## Incubate And Support Artists

From offering guidance, to making connections, to sponsoring venues, Practice Tuckshop provides personalized support to our artist-partners to develop works at all stages of growth. We strongly believe that artmaking is an on-going process, and we are happy to note that many of these projects have gone on to evolve even after leaving our doors.

## Advocate Eco-Friendly Practices

As an F&B enterprise, we constantly revise our eco practices. From recycling coffee grounds, eggshells and plastic wrappers, to phasing out single-use plastics, to having only 3% food wastage in 2019, we will always go the extra mile to go green!



# TUCKSHOP IN FOCUS

Diverse and dynamic, join us and take a closer look at some of our programmes in 2019.

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## **Practice Tuckshop Incubation**

Hello, How Do You Move?

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## **Programmes**

Recess Time (Partnered with SG Food Rescue)

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## **External Collaborations**

Play with Flavours!

c o o p

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## Practice Tuckshop Incubation Presents: Hello, How Do You Move?

*"To watch these dancers in such close proximity in a café space, was a deeply moving experience..."*  
- (Audience, Closed-Door Presentation)

### Synopsis:

Hello, How Do You Move? is a research and performance project created by Rachel Nip, a hearing choreographer/dancer and Ammar, a Deaf choreographer/dancer. It is a duet centred on shifting perspectives and challenging limitations. The final showcase includes a site-specific structured improvisation dance performance, followed by a Q&A session that allows audiences to gain insight into a process that celebrates how dancers of different abilities to communicate and create.

Follow Rachel and Ammar's journey and track their progress online on their Facebook page @HelloHowDoYouMove

Sign language interpretation will be provided for all performances.



<b>Incubation Period:</b>	May - November 2019
<b>Closed-Door Presentation:</b>	24 August 2019 25 August 2019
<b>Public Showcase:</b>	9 November 2019 16 November 2019
<b>Creative Team:</b>	Ammar Rachel Nip



## About Practice Tuckshop Incubation:

Practice Tuckshop is a creative playground for all. Much like a black box for unconventional and intimate works, Tuckshop seeks to consistently push the boundaries of art-making and challenge the parameters of what 'theatre' can be. We provide resources and support to incubate and grow diverse ideas, especially those that artistically respond to the space.

In 2018, we supported the development of Round Round Buns 《圆圆包》(Chop Chilli Chop Co.), which will be touring to Taiwan in 2019. This year, we are proud to support *Hello, How Do You Move?* (Ammar and Rachel).



“

“Whether you are black, white, deaf or blind, there is a way to communicate with each other. Through touch, hearing, breathing and the space, you can work together. You can dance together.”  
- Ammar, Artist

”

“

“Close interaction with audience, which makes it special and different from the usual.”

- Anonymous, Audience

”



"I can see the two artists certainly enjoy the collaboration and are cultivating chemistry. I also appreciate how Practice gave the project exposure, ticketed the showing (instead of making it a free event), as well as attentive tech / admin support. This is how residencies should be!"  
- Kuan Cien, Audience (Producer)



### Impact:

The 2019 open call saw multiple entries from emerging and established artists alike, showing the demand for process-driven incubators and the growing interest in non-traditional theatre spaces.

As an incubator, Practice Tuckshop specializes in supporting new ideas and early-stage work development. In particular, our two-stage programme model (closed-door to public showcases) was particularly successful in allowing artists space to develop their initial ideas, while further enriching the work through early-stage audience responses.

Like many of their predecessors, the *Hello, How Do You Move?* team continued to develop their work after incubation tenure. Their latest iteration, featuring additional dancers and original music, was selected as one of the winners of the SAD Bar Open Call 2019 by the Substation.

Supporting this work also advanced our efforts to increase inclusivity in programming. By offering a platform for differently-abled artists to share how they collaborate and create, we were able to facilitate fruitful discussions about art-making and access.

# 休息 RECESS 实间 TIME

22 February - 4 October 2019

## Creative Team:

Original Concept - Ang Xiao Ting

Facilitators - Ang Xiao Ting, Celyn Angelica, Joey Cheng,  
Choy Chee Yew, Felicia Foo, Sim Xin Yi, Fervyn Kate Tan

## Synopsis:

Recess Time is a lunch party at the heart of the Singapore arts district – 58 Waterloo Street! On selected Fridays, Makan Masters put their creative expressions on a plate, while foodies gather over a delicious, yet affordable meal. Limited reservation slots are available via our Facebook page.

Practice Tuckshop is proud to be a partner with SG Food Rescue for Recess Time! Combating food waste - one recess at a time!



Supported by  
the Harmony Fund

**mccy**  
Ministry of Culture, Community and Youth



## Pop-up Communal Dining

Leave with a full stomach and meet our Kaypoh King/Queen, as we swap stories about our favourite memories associated with food!

## Meals From The Heart

Enjoy a yummy three-course meal and drink, and get to know our chefs. You'll never guess what these Makan Masters will be serving up!

## Pay As You Wish

Eat your fill and donate after. Every dollar goes to funding Practice's various outreach programmes (Minimum donation: \$8)

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## Hall of Makan Masters:

Ang Xiao Ting

Chelsea Chua

Natalie Lim

Annabelle Aw

Michelle Er

Trudy Loh

Mazlan Boyamin

Edric Hsu

Ng Kok Liong

Cavan Chang

Imran Kidd

Millie Phuah

Joey Cheng

Priscill Koh

Fervyn Kate Tan

Leslie Choo

Kuo Jian Hong

Michelle Tan

Cecilia Chow

Aunty Leng Leng

Sim Xin Yi



“

“It is very commendable of them to step up and help reduce food wastage in Singapore... By gaining a new perspective on discarded produce, we can all play our part in reducing food wastage.”

- Vanessa, Reviewer (GoodyFeed)

”

“

“I really enjoyed getting to know the community and chef over a delicious and affordable lunch. Pleasantly surprised by the experience!”

- Benita, Attendee

”





“Sharing tables with other people and getting to know them makes up a huge part of the communal dining experience — everyone comes to the table with different experiences, preferences, and reasons for being there. That’s what makes Recess Time so fun!”  
- Ruth, Reviewer (Alvinology)

## Impact:

The 2019 edition of Recess Time served around 400 meals across 16 sessions. With sessions happening on a regular schedule, we were able to establish a base of repeat attendees. As a result, more than three quarters of the sessions were sold out.



Beyond creating delicious meals, Recess Time created opportunities for community life. Food is a vehicle to bring different people together and the programme has managed to reach an extremely diverse group of participants, including young adults, arts practitioners, green enthusiasts, Waterloo Street residents, and even the occasional tourist.



For the second edition, we introduced a new mechanic: The Kay Poh King/Queen, who would facilitate conversation amongst participants and encourage them to share personal stories related to food. These anecdotes were subsequently chronicled in the Recess Time Journal, alongside Makan Master bios and recipes.

Through our continued partnership with SG Food Rescue, we were able to raise awareness of food wastage in Singapore. All Makan Masters took part in the “veggie rescue” missions where they salvaged unwanted produce to incorporate into their dishes. They, alongside the Tuckshop team, subsequently also shared their experience with the participants.

### Also featured in:

**Blueprint:** (<https://mailchi.mp/18a0e814a6b3/-blueprint-issue-09-seeding-clouds>)

**A-List:** <https://www.a-list.sg/eatery-where-rejected-veggies-are-the-stars/>

**Alvinology:** <https://alvinology.com/2019/07/04/eat-to-your-arts-content-at-practice-tuckshops-recess-time/>

**The Goody Feed:** <https://goody-feed.com/at-this-pop-up-eatery-you-can-pay-whatever-you-want-for-good-food/>

**BakChorMeeBoy:** <https://bakchormee-boy.com/2019/03/12/a-creative-space-to-work-create-and-collaborate-practice-tuckshop-reopens-to-go-full-time/>

**Social Space Mag:** <https://socialspacemag.org/-from-liveable-to-lovable-city-the-role-of-the-arts-in-placemaking-singapore/>

# Play With... Flavours! (M1 Patch! 2019)

13 July 2019

## Creative Team:

Creator/ Performer: Jeff Ho

Dramaturg: Sim Xin Yi

Producer: Cecilia Chow

## Synopsis:

*Explore the unexpected as we play with our sense of taste and smell!*

*When was the last time you were fully aware of every bite and sip you took?*

Join flavour genius and mixologist Jeff Ho as he shares his deep passion of fragrances and flavours, along with the importance of mindful consumption. Relax and open up your senses on this meditative mixological journey!

Alcoholic beverages will be served as part of the experience, participants must be over 18 years old to attend.





## Impact:

As a cafe cum arts space interested in unexpected intersections, Practice Tuckshop was a natural venue partner for this programme. Created as part of M1 Patch! 2019, the unexpected combination of cocktails, fragrances and theatre was the very essence of Tuckshop programming.

Supporting this work allowed us to continue building relationships with talented individuals beyond the boundaries of 'theatre'. An experienced mixologist, participating in this multidisciplinary collaboration also offered Jeff an opportunity to push his creative boundaries.

Through this process, we have also created a format that can facilitate similar collaborations with artists from different disciplines.

“

“The concept “play with...” caught my attention initially... I thought Jeff’s concept of trying to guide our palates through successive drinks was really interesting.”

- Anna, Participant

”

# c o o p (M1 Patch! 2019)

July 2019 - Present

## Creative Team:

Do Agency

## Synopsis:

Do we need structure to play or is structure constructed through play?

DO Agency – a collective of students, alumni and staff from the Diploma in Architecture course at Nanyang Polytechnic – creates an interactive installation consisting of different modular units, which can be manipulated in a myriad of ways. The public are invited to realise their ideas in a tactile way by playing and exploring the endless possibilities c o o p has to offer!

## About DO Agency:

c o o p by DO Agency, Diploma in Architecture, School of Design, Nanyang Polytechnic Diploma in Architecture provides a holistic learning journey that incubates humanistic and poetic hearts with technical minds and environmental consciousness. To give students a sound grounding in purposeful architectural design and capability in advanced technology with appreciation of vernacular and old wisdom. Building resilient characters with a heart to make our world a better place.





**"I feel like I'm LUFFY sitting on a ship!"**



**"I am gonna be the PIRATE KING!"**

“

“My son loves to swing, climb and play with the fishes. Whenever he’s upset, climbing and swinging helps him relax and enjoy himself. There is a huge smile on his face whenever he plays on the swing. As a mother, that smile warms my heart.”

- Mandy, Parent

”

### Impact:

Integrated into the entrance of Practice Tuckshop, the installation was designed to encourage unstructured free play, offering the space for interaction, relaxation and fun. It was enjoyed by adults and children alike, for both patrons and passer-bys.

With this installation, we were also able to extend our green practices. The installation itself was created out of strand woven bamboo and is completely biodegradable. Harvested herbs from the solar-powered aquaponics garden were incorporated into our dishes and used by Recess Time Makan Masters. Additionally, food waste from our operations like eggshells and coffee grounds was then composted for our garden.

Credit: Geraldine Chia

## COLLABORATIONS:

Throughout the year, Practice Tuckshop works with like-minded companies and organisations to support our programmes and curate an exciting selection of offerings for our customers.

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## OUR CAUSE:

Support Singapore merchants by offering a platform to showcase their products

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Create opportunities for engagement and outreach

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Provide a testing ground for new ideas

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## Special Projects:

# Practice Tuckshop X Naiise Creative Session #SPACESMALLSMALLDREAMBIGBIG (38m<sup>2</sup>): Creative Place-making through the Arts

## Synopsis:

A house is not a home until you've managed to cultivate a sense of place and belonging. One of the catalysts to cultivating this is through placemaking – an age-old multi-faceted approach to the planning, design and management of public spaces to promote people's health, happiness and well-being.

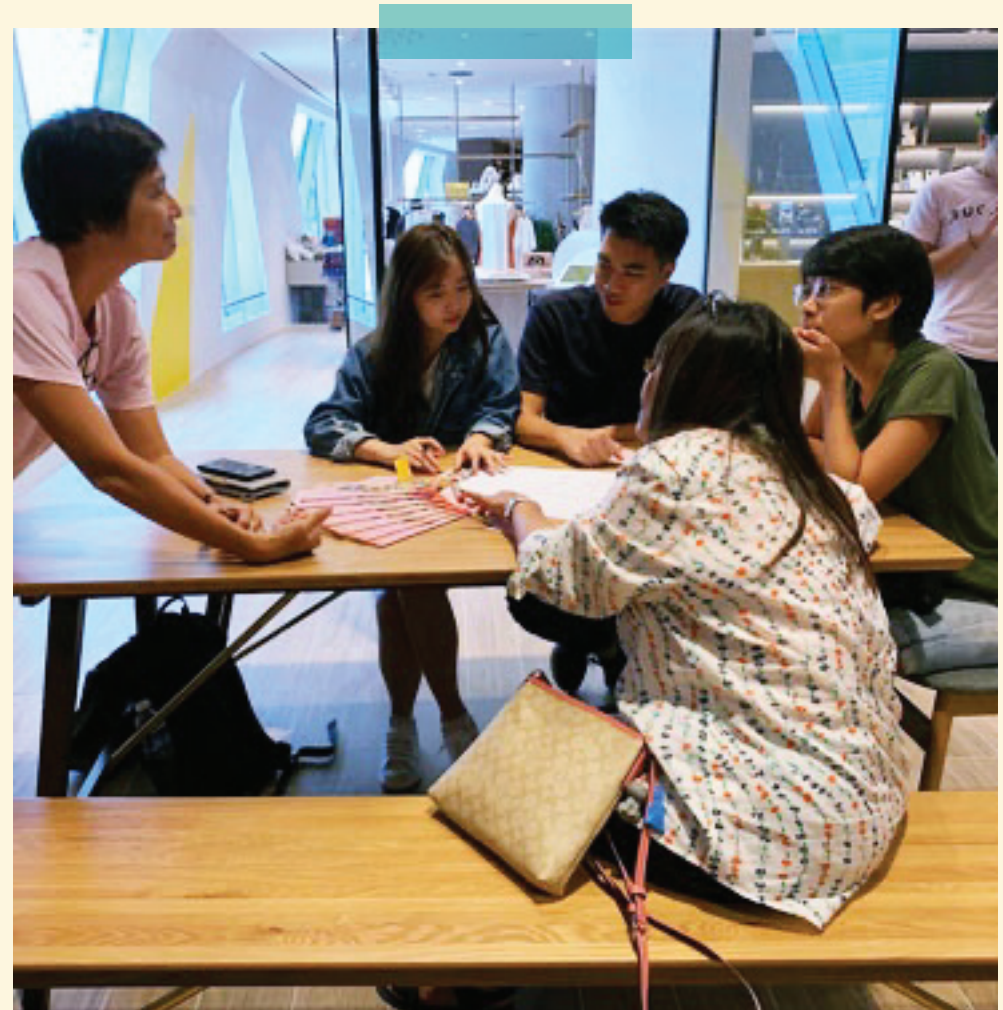
In this inaugural creative session, Practice Tuckshop will be sharing how they provide a 'testing ground' of sorts to encourage urban engagement - by tapping on the power of collaboration with commercial and artistic entities that are all around them. After which, you'll be a part of an exciting brainstorming session led by Kuo Jian Hong, Artistic Director of The Theatre Practice, to excavate fun and innovative ways of engaging the communities that surround our home.

Come join us in this momentous occasion!



## About Naiise's Creative Sessions:

The Naiise Creative Sessions are a monthly series of workshops that offer creatives a platform to share their practice through a presentation and a hands-on activity. The sessions are curated and organised by Singapore creative market and design retailer. Other hosts include Playuem, Singapore International Film Festival (featuring Gladys Ng (Filmmaker) and Mary Bernadette Lee (Artist)), NÜWA and We The People.





“

“It was a very fun and engaging experience, I especially enjoyed the hands on part of the creative session.”

- Donovan, Participant

”

“

“When we came up with the Creative Sessions at Naiise Iconic, we really wanted to engage all participants and to fuel their creativity and collaborative spirit. From the initial meeting till the Creative Session itself, it was truly a really good experience. It felt like working with a group of friends which made everything else a breeze!”

- Sean Tay, Naiise

”



### Impact:

The workshop allowed us to introduce Practice Tuckshop as a creative community space, and share our unique approach to creative placemaking and cross-disciplinary experimentation. Through this opportunity, we reached out to a new base of Naiise supporters, while also strengthening existing relationships with sponsors and collaborators - many of whom were invited to attend.

We also established a relationship with the Naiise team. As their first collaborators, we were able to leverage on our strengths in program creation and facilitation to support their new venture.

Find out more:

<https://naiise.com/blogs/blog/the-practice-tuckshop-creative-session>



## Our Sponsors:

### **Pek Sin Choon:**

Pek Sin Choon Pte Ltd has a history of over 90 years in Singapore as a wholesaler/retailer of tea leaves. It was established in 1925 by the late Mdm Zhuang together with her son Mr Pek Kim Au. It is one of the oldest tea merchant in Singapore and the “Cowherd Boy On Buffalo” trademark has been its symbol of quality Chinese Tea ever since. The Company is one of the remaining few tea merchants in Singapore which blended their own tea leaves using the traditional method.

In addition to blending our beloved Practice Tea 54, Pek Sin Choon has also been a long term partner of The Theatre Practice, creating many exciting tea products to celebrate our mainstage productions. selection of these projects including the Four Horse Road Board Game and Lao Jiu Mini Puppet Tea'tre is available for sale at Practice Tuckshop!

### **Three Legs brand:**

Since the Three Legs brand was founded in 1973, it has always been their mission to serve the community by reducing total health-care costs and promoting healthy living with our natural health products. As such, Wen Ken Group, the company behind the Three Legs brand, has focused on the production and marketing of traditional health drinks, Chinese Proprietary Medicine (CPM), Over The Counter (OTC) and health supplement. Of these, the most well-known product is the Three Legs Cooling Water.

Going forward, Wen Ken Group will continue to innovate, progress, and do better, because their vision is firmly anchored on the values of Gratitude, Trustworthiness, and Empathy. These values challenge them to always put the needs and well-being of the people they serve first, as they plan to be here for another 80 years and beyond.

## Our Partners:

### FROZT

Glen and Terence began their journey in the ice industry with a shop dedicated to a healthier re-invention of our local speciality: Ice Kachang. They then discovered an alternative product in the form of their favourite childhood snack: Sng Bao! With a mission to bring a smile to everyone's faces, this is a Sng Bao like no other. Healthy, with a modern twist, team Frozt continues to experiment with bold flavours, while offering staples that appeal to what Singaporeans love when it comes to dessert!

#### The anatomy of a Frotz:

- Made with real fruits
- 100% dairy-free and vegan friendly
- Halal-certified
- No preservatives





## KiKi Fine Goods Singapore

Years ago.. while holidaying in Taiwan, Karin and Sally stumbled upon a little modern looking Sichuan restaurant in a small lane, Yanji Street. They decided to give it a try and that meal sealed their love for the new found outlet!

KiKi was first started in 1991. Uncle Yuan, the owner, had started it as a place for friends to hangout and chill, where boozes are the main. But friends and fans later go for mainly the food! Years later, KiKi transformed into a hip café-like authentic Sichuan restaurant, quickly growing into a total of 9 outlets, and becoming the 'Must Go' place in Taipei.

Beginning 2016, Uncle Yuan shared with us his joy on KiKi developing a new line of KiKi restaurant-quality food products which can be enjoyed at home.

KiKi Fine Goods Singapore would like to bring to you, the gourmet taste of KiKi Restaurant to our sunny land and to our comfy homes.



## Two Degrees North Coffee Co.

Two Degrees North Coffee Co is an award-winning progressive specialty coffee roaster based in Singapore. Complex and aromatic, Tuckshop visitors can enjoy these beans as hot freshly brewed coffee or a refreshing cold brew.

**Other Partners:** BooksActually, Grassroots Book Room, Popaganda, SG Food Rescue, The Harmony Fund (Ministry of Culture, Community and Youth)



## **RENT OUR SPACE:**

Practice Tuckshop is open for private rental. Located on the ground floor of a historic conservation shophouse, Practice Tuckshop is a cosy and atmospheric cafe space located in the heart of Singapore's downtown district. It serves as the perfect location for workshops, meetings, group gatherings, corporate events, networking sessions, product launches and more!

Event package rates and rental rates available upon request.  
Email [tuckshop@practice.org.sg](mailto:tuckshop@practice.org.sg) for more details.

## **COME PLAY WITH US!:**

Practice Tuckshop is always on the lookout for creatives and local vendors to collaborate and partner with. If you are interested, or know of anyone keen to join us, drop us a message and say hi! We can't wait to meet you!



RECESS TIME  
IS  
BACK

- |   |                                   |
|---|-----------------------------------|
| 10.01.2020                              | 26.06.2020                        |
| 17.01.2020                              | 10.07.2020                        |
| 14.02.2020                              | 24.07.2020                        |
| 28.02.2020                              | 14.08.2020<br>(M1 Patch! Edition) |
| 13.03.2020<br>(Four Horse Road Edition) | 28.08.2020<br>(M1 Patch! Edition) |
| 27.03.2020<br>(Four Horse Road Edition) | 11.09.2020                        |
| 24.04.2020<br>(Four Horse Road Edition) | 25.09.2020                        |
| 08.05.2020                              | 09.10.2020                        |
| 22.05.2020                              | 23.10.2020                        |
| 12.06.2020                              | 13.11.2020                        |

**Join Us As A Makan Master in 2020**

Put your culinary skills to the test and share your food stories as one of our Makan Masters in 2020! All are welcome!

To find out more, drop us an email at [tuckshop@practice.org.sg](mailto:tuckshop@practice.org.sg)

Reservations via Practice Tuckshop Facebook Messenger only. Limited walk-ins available.



**Space Small Small, Dream Big Big  
Practice Tuckshop Incubation 2020**

Applications open 20.01.2020

Drop us an email at [tuckshop@practice.org.sg](mailto:tuckshop@practice.org.sg)  
for more information and the application form.

## Credits:

# Practice Tuckshop Annual Report 2019

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Joey Cheng (Producing)

Felicia Foo (Branding and Communications)

Sim Xin Yi (Communications, Programming (Associate))

**With Support From:**

Ministry of Culture, Community and Youth

**Special Thanks To:**

BooksActually

Frozt

Grassroots Book Room

Kiki Fine Goods Singapore

Pek Sin Choon

Popaganda

SG Food Rescue

The Theatre Practice

Two Degrees North Coffee Co.

Three Legs Brand

Patrons, supporters, friends and newly recruited guniang

Quotes have been edited for length and clarity